

ROP Rates	BW per Col/cm	FC per Col/cm
Main Body	R40.00	R58.00

Insert Rates	Rate/1000
Tabloid	R491.00
Tabloid	R563.00
Tabloid	R649.00
Tabloid	R745.00
Tabloid	R858.00
Tabloid	R985.00
Tabloid	R1134.00

### Distribution Areas

Croydon, Erinvale, Firgrove, Garden Village, Golden Acre/Land en Zeezicht, Golden Hill/Helderrand, Helderberg Estate, Herderzicht, Jacques Hill Estate, Macassar, Natures Valley/Morning Side, Parel Valley/La Sandra/Spanish Farm, Roma Glen, Roundhay, Somerset park, Steynrust, Van Der Stel, Andas Estate, Chris Nissen Park, Die Wingerd, Heldervue, Helena Heights & Briza, Humanshof EXT 1, Jonkers Hoogte, Montclair, Monte Sereno, Pearl Rise, Sir Lowry's Pass, Somerset West, Stuarts Hill, The Links, Victoria Park, Westridge & Bridgewater, Die Bos, Greenways, Guldenland, Helderberg Park, Langgewacht, Lochnerhof, Lwandle, Nomzamo, Onverwacht, Park Estates, Strand, Strand (Rusthof), Strand Central, Strand Halt, Strandvale, The Palms, Van Ryneveld, Weltevreden, Winston Estate, Casablanca, Gordons Bay, Southfork, Strand (Broadlands), Strand (Gustrow), Tarantallplaas, Whispering Pines

## Material & Insert Deadlines

Publication	ROP Booking Deadline	ROP Material Deadline	Inserts Booking Deadline	Inserts Material Deadline	Inserts Delivery Adress	Inserts Delivery Contacts
Helderberg Gazette	Thursday 10:00	Friday 13:00	1 week prior	Thursday & Friday prior	Paarl Coldset, 5 Lynx Road, Paarden Island, Cape Town, 7420	(021) 514 5503