

ROP Rates	BW per Col/cm	FC per Col/cm
Main Body	R50.00	R90.00
Combid Main Body (All 10 Editions)	R330.00	R370.00
4 Combo Vacancies / Auctions / Legal Notices (Classifieds Sections)	R127.00	R170.00
5 Combo Vacancies / Auctions / Legal Notices (Classifieds Sections)	R167.00	R210.00

Insert Rates	Rate/1000
Tabloid	R520.00
Tabloid	R597.00
Tabloid	R688.00
Tabloid	R790.00
Tabloid	R909.00
Tabloid	R1044.00
Tabloid	R1202.00

### Distribution Areas

Berg-En-Dal, Bergvliet, Constantia, Dennendal, Diep River, Dreyersdal, Frogmore Estate, Heathfield Above, Helgarda Estate, Hohenort, Hout Bay, Hout Bay Harbour, Kirstenhof, Llandudno, Mandela Park, Meadowridge, Mountainview, Penzance Estate, Plumstead, Scott Estate, Southfield, The Vines / Walloon Estate, Tierboskloof, Tokai, Wynberg

## Material & Insert Deadlines

Publication	ROP Booking Deadline	ROP Material Deadline	Inserts Booking Deadline	Inserts Material Deadline	Inserts Delivery Address	Inserts Delivery Contacts
People's Post Constantia/Wynbe	Thursday 12:00	Friday 9:00	1 week prior	Thursday & Friday prior	Paarl Coldset, 5 Lynx Road, Paarden Island, Cape Town, 7420	(021) 514 5503