

| ROP Rates   | BW per Col/cm | FC per Col/cm |
|---|---------------|---------------|
| Main Body   | R45.00        | R85.00        |
| Combi'd Main Body (All 10 Editions)                                 | R310.00       | R350.00       |
| 4 Combo Vacancies / Auctions / Legal Notices (Classifieds Sections) | R120.00       | R160.00       |
| 5 Combo Vacancies / Auctions / Legal Notices (Classifieds Sections) | R158.00       | R198.00       |

| Insert Rates | Rate/1000 |
|--------------|-----------|
| Tabloid      | R491.00   |
| Tabloid      | R563.00   |
| Tabloid      | R649.00   |
| Tabloid      | R745.00   |
| Tabloid      | R858.00   |
| Tabloid      | R985.00   |
| Tabloid      | R1134.00  |

#### Distribution Areas

Berg-En-Dal, Bergvliet, Constantia, Dennendal, Diep River, Dreyersdal, Frogmore Estate, Heathfield Above, Helgarda Estate, Hohenort, Hout Bay, Hout Bay Harbour, Kirstenhof, Llandudno, Mandela Park, Meadowridge, Mountainview, Penzance Estate, Plumstead, Scott Estate, Southfield, The Vines / Walloon Estate, Tierboskloof, Tokai, Wynberg

## Material & Insert Deadlines

| Publication                       | ROP Booking Deadline | ROP Material Deadline | Inserts Booking Deadline | Inserts Material Deadline  | Inserts Delivery Address                                       | Inserts Delivery Contacts |
|-----------------------------------|----------------------|-----------------------|--------------------------|----------------------------|--|---------------------------|
| People's Post<br>Constantia/Wynbe | Thursday 12:00       | Friday 9:00           | 1 week prior             | Thursday &<br>Friday prior | Paarl Coldset, 5 Lynx Road,<br>Paarden Island, Cape Town, 7420 | (021) 514 5503            |