

ROP Rates	BW per Col/cm	FC per Col/cm
Main Body	R49.00	R49.00

Insert Rates	Rate/1000
Tabloid	R491.00
Tabloid	R563.00
Tabloid	R649.00
Tabloid	R745.00
Tabloid	R858.00
Tabloid	R985.00
Tabloid	R1134.00

Distribution Areas

Bela-Bela, Bosbokrand, Burgersfort, Lephalale, Louis Trichardt, Maruleng Local Municipality, Modimolle, Mokopane, Mookgapong, Musina, Phalaborwa, Polokwane, Seshego, Thabazimbi, Thoyandou, Tzaneen

Material & Insert Deadlines

Publication	ROP Booking Deadline	ROP Material Deadline	Inserts Booking Deadline	Inserts Material Deadline	Inserts Delivery Adress	Inserts Delivery Contacts
Tame Times : Rise 'n Shine	Friday 12:00	Wednesday 10:00	1 week prior	Thursday & Friday prior	Paarl Coldset, Production Park, 83 Heidelberg Road, City Deep, Johannesburg, 2049	(011) 703 2666