

ROP Rates	BW per Col/cm	FC per Col/cm
Main Body	R45.00	R85.00
Combid Main Body (All 10 Editions)	R330.00	R370.00
4 Combo Vacancies / Auctions / Legal Notices (Classifieds Sections)	R127.00	R170.00
5 Combo Vacancies / Auctions / Legal Notices (Classifieds Sections)	R167.00	R210.00

Insert Rates	Rate/1000
Tabloid	R520.00
Tabloid	R597.00
Tabloid	R688.00
Tabloid	R790.00
Tabloid	R909.00
Tabloid	R1044.00
Tabloid	R1202.00

Distribution Areas

Cafda Village, Coniston Park, Elfindale / Punts Estate, Heathfield, Hillview, Lavender Hill, Lavender hill - (RDP), Retreat, Seawinds, Sheraton Park, Southfield, Steenberg, Vrygrond

Material & Insert Deadlines

Publication	ROP Booking Deadline	ROP Material Deadline	Inserts Booking Deadline	Inserts Material Deadline	Inserts Delivery Adress	Inserts Delivery Contacts
People's Post Retreat	Thursday 12:00	Friday 9:00	1 week prior	Thursday & Friday prior	Paarl Coldset, 5 Lynx Road, Paarden Island, Cape Town, 7420	(021) 514 5503