

ROP Rates	BW per Col/cm	FC per Col/cm
Main Body	R34.00	R74.00
Combi'd Main Body (All 10 Editions)	R310.00	R350.00
4 Combo Vacancies / Auctions / Legal Notices (Classifieds Sections)	R120.00	R160.00
5 Combo Vacancies / Auctions / Legal Notices (Classifieds Sections)	R158.00	R198.00

Insert Rates	Rate/1000
Tabloid	R491.00
Tabloid	R563.00
Tabloid	R649.00
Tabloid	R745.00
Tabloid	R858.00
Tabloid	R985.00
Tabloid	R1134.00

Distribution Areas

Hanover Park, Lansdowne, Mannenberg South, Newfields, Pinati, Primrose Park, Rondebosch East, Sherwood Park, Sybrand Park

Material & Insert Deadlines

Publication	ROP Booking Deadline	ROP Material Deadline	Inserts Booking Deadline	Inserts Material Deadline	Inserts Delivery Address	Inserts Delivery Contacts
People's Post Lansdowne	Thursday 12:00	Friday 9:00	1 week prior	Thursday & Friday prior	Paarl Coldset, 5 Lynx Road, Paarden Island, Cape Town, 7420	(021) 514 5503