

ROP Rates	BW per Col/cm	FC per Col/cm
Main Body	R32.00	R45.00

Insert Rates	Rate/1000
Tabloid	R520.00
Tabloid	R597.00
Tabloid	R688.00
Tabloid	R790.00
Tabloid	R909.00
Tabloid	R1044.00
Tabloid	R1202.00

**Distribution Areas**

Aston bay, Avontuur, Cape St Francis, Eerste Rivier, Ferreria Town, Foulkes Point, Gamtoos, Hankey, Humansdorp, Jeffreys Bay, Joubertina, Kabeljous, Kareedouw, Kirkwood, krakeelrivier, Kruisfontein, Kwanomzamo, Loerie, Louterwater, Misgund, Norsekloofpunt, Paradise Beach, patensie, Port Elizabeth, Sea Place, St Francis Baai, Thornhill, Tokyo Sexwale, Twee Riviere, Wavecrest

## Material & Insert Deadlines

Publication	ROP Booking Deadline	ROP Material Deadline	Inserts Booking Deadline	Inserts Material Deadline	Inserts Delivery Adress	Inserts Delivery Contacts
Kouga Express	Friday 16:00	Monday 10:00	1 week prior	Thursday & Friday prior	Paarl Coldset, Ton Vosloo Media Centre, Ivor-Benn Close, Cnr William Moffat Expressway, Fairview, Port Elizabeth, 6070	(041) 503 6029