

ROP Rates	BW per Col/cm	FC per Col/cm
Main Body	R30.00	R39.00

Insert Rates	Rate/1000
Tabloid	R491.00
Tabloid	R563.00
Tabloid	R649.00
Tabloid	R745.00
Tabloid	R858.00
Tabloid	R985.00
Tabloid	R1134.00

### Distribution Areas

Aston bay, Avontuur, Cape St Francis, Eerste Rivier, Ferreria Town, Foulkes Point, Gamtoos, Hankey, Humansdorp, Jeffreys Bay, Joubertina, Kabeljous, Kareedouw, Kirkwood, krakeelrivier, Kruisfontein, Kwanomzamo, Loerie, Louterwater, Misgund, Norsekloofpunt, Paradise Beach, patensie, Port Elizabeth, Sea Place, St Francis Baai, Thornhill, Tokyo Sexwale, Twee Riviere, Wavecrest

## Material & Insert Deadlines

Publication	ROP Booking Deadline	ROP Material Deadline	Inserts Booking Deadline	Inserts Material Deadline	Inserts Delivery Adress	Inserts Delivery Contacts
Kouga Express	Friday 16:00	Monday10:00	1 week prior	Thursday & Friday prior	Paarl Coldset, Ton Vosloo Media Centre, Ivor Benn Close, Cnr William Moffat Expressway, Fairview, Port Elizabeth, 6070	(041) 503 6140