

ROP Rates	BW per Col/cm	FC per Col/cm
Main Body	R46.00	R86.00
Combid Main Body (All 10 Editions)	R310.00	R350.00
4 Combo Vacancies / Auctions / Legal Notices (Classifieds Sections)	R120.00	R160.00
5 Combo Vacancies / Auctions / Legal Notices (Classifieds Sections)	R158.00	R198.00

Insert Rates	Rate/1000
Tabloid	R491.00
Tabloid	R563.00
Tabloid	R649.00
Tabloid	R745.00
Tabloid	R858.00
Tabloid	R985.00
Tabloid	R1134.00

Distribution Areas

Bantry Bay, Camps Bay, Clifton, Fresnaye, Gardens, Green point, Higgodale, Lions Head, Loarder Street, Mouille Point, Oranjezicht, Schotsche Kloof, Sea Point, Signall Hill, Tamboerskloof, Three Anchor Bay, Vredehoek, Zonnebloem

Material & Insert Deadlines

Publication	ROP Booking Deadline	ROP Material Deadline	Inserts Booking Deadline	Inserts Material Deadline	Inserts Delivery Address	Inserts Delivery Contacts
People's Post Atlantic Sea-Board / City Edition	Thursday 12:00	Friday 9:00	1 week prior	Thursday & Friday prior	Paarl Coldset, 5 Lynx Road, Paarden Island, Cape Town, 7420	(021) 514 5503